



“Dear Child Study,
Thank you for your work
with kids. I
really appreciate it. I hope
you can expand more in
the future.”
-CHILD participant

We're finished with our 5-year visits this summer!

Please keep in touch with us:

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Joyce Chikuma, Lisa Smithson, Sukhpreet Tamana

YOUR TEAM

Lisa Smithson and Sukhpreet Tamana are post- doctoral fellows that are transforming all your questionnaire answers into scientific publications.

Lisa

Completed her PhD in Experimental Psychology at the University of Alberta. Her PhD research examined the influence of memory and gesturing on the reading comprehension of children. For CHILD, her enthusiasm will make taking your children's tiara and crown sizes (i.e. head circumference), breathing and allergy testing a breeze during the clinical visit. Her area of interest within CHILD is to determine how sleep influences cognitive development.

"Looking forward to sharing some laughs and learning more about your child."

- Lisa

Sukhpreet

Originally from England (i.e. her likes include Prince Harry, high tea, and scones), Sukhpreet completed her PhD in Educational Psychology at the University of Alberta. Her PhD research examined cognitive and behavioural development in children with neurodevelopmental disorders. For CHILD, she will be the friendly face your children see during their neurodevelopmental assessments and psychological testing. Her area of interest within CHILD is to determine how sleep influences behavioural development.

"I'm very excited to meet all the CHILD Study families!"

-Sukhpreet

Joyce

Joyce, a Colorado native, is a Physician's Assistant in family practice. As the Study Coordinator, she is the cheerful voice booking your appointments, your go to gal for any questions, and your point of contact if you move or change your e-mail or phone numbers.

"It's exciting to see our work published into journals! I love watching our families grow up. Thank you for sharing your time with us."

-Joyce

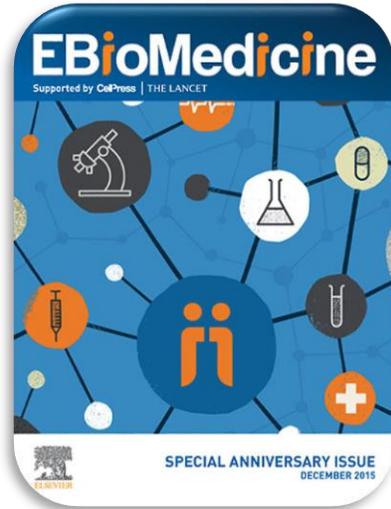
We're in the News!



Eating Fruit While Pregnant May Boost Your Baby's Intelligence

While eating fruit has long been associated with a healthier lifestyle, new scientific data points out that fruits can be advantageous to babies even before they are born. A new study discovered that mothers who ate more fruits during pregnancy had children who got higher scores in a developmental test performed during the first year of life.

"We wanted to know if we could identify what factors affect cognitive development," says senior author Piush Mandhane from the University of Alberta's Faculty of Medicine & Dentistry. The team discovered that one of the most significant indicators of cognition is how much fruit the mother ate during pregnancy.



Click the picture above to read our published article about mother's fruit intake and cognitive development.

The CHILD Study made the Top News stories of 2016 for the Faculty of Medicine and Dentistry



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Association between artificially sweetened beverage consumption during pregnancy and infant body mass index.

CHILD researchers show that maternal consumption of artificial sweeteners during pregnancy may influence infant BMI, recently published in [JAMA Pediatrics](#).

The Tran family visits us!



A new **CHILD Study** video shows how breathing in traffic fumes during infancy can increase the risk of allergies later on.

CHILD is following **3,500 Canadian children** from pre-birth to school age and beyond to help us understand the causes of allergies, asthma, and other chronic diseases. Discoveries such as this will help scientists and clinicians detect health conditions sooner, treat them more effectively, and even prevent them from developing in the first place.

[View or download](#) the new video from AllerGen's website ... Please share the link and spread the story near and far! allergen-nce.ca