



# CHILD Manitoba

October, 2015



**Saturday  
Appointments Now  
Available!**

Call to save your spot!

Hello all! It is time to pull out those sweaters and start raking those leaves because fall is here and with it comes a whole bunch of new and exciting information for us to share with our CHILD families. Many of our staff members have been busy accomplishing all kinds of wonderful things that you can read about on the following pages.

This fall brings the end of 3 year visits and a continuation of our exciting 5 year appointments. So far, the 5 year olds have been great! Many of you will be starting school this year and we look forward to hearing about what you are learning, as well as, what exciting summer adventures you had.

As always, if you have any questions or concerns, feel free to send us an email, give us a call or connect with us on social media. And for those of you who have completed all the visits, you are welcome to contact us anytime and let us know what's happening in your lives. We love keeping in contact and we will continue to reach out to you through social media and our quarterly newsletters.

## Important Numbers

- **1000** One Year Visits have been completed!
- **962** Three Year Visits have been completed!
- **201** Five Year Visits have been completed!



**From Left to Right: Ryin, Madelyn, Abigail, Barrett**

**Have you shared a photo of your CHILD yet?**

**Feel free to mail or email us one and we will put it up in the lab!**

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# Staff Accomplishments



Congratulations to Dr. Becker and his team for receiving the Andison Foundation Grant. This grant will help develop a mobile app that will allow real time recordings of children's breath sounds. Wheezing and breathing difficulties can occur at any time, and are a major concern for young children. It is important to give parents and caregivers the ability, knowledge and tools to better recognize and manage these episodes. This will be an important tool to help us understand wheeze and asthma and will help health care providers better diagnose and manage this common problem.



Former CHILD Manitoba staff member **Claire Unruh** (pictured on left) has left us to pursue medicine at Ross University. Her clinical rotations have the potential to send her travelling to the UK, USA and Canada and we are excited to see where she may end up!

Former CHILD Manitoba staff member **Kylie Bernstein** has graduated from medical school at University of Manitoba and will be starting her residency in Edmonton.

Former CHILD Manitoba staff member **Lindsay Robertson** has graduated from dental school at University of Manitoba.

CHILD Manitoba staff member **Scarlet Salas** (pictured on right) has been accepted into the Medical Laboratory Sciences Diploma Program where she will study to become a specialized Medical Microbiology Technologist. She has started this fall!

## Lights, Camera, Action!

AllerGen NCE has created a new video introducing the process and potential outcomes of all the efforts and contributions of the CHILD. The video explains the importance of the CHILD Study using cute drawings and simple, to the point narrative. Check it out using this link!

<https://www.youtube.com/watch?v=2PRmugtizws>



Have you had a change of address or phone number recently?

Update your information with Ingrid at 204-789-3475 and [iloewen@chrom.ca](mailto:iloewen@chrom.ca)

## Contact Us!

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## Which Children with Positive Skin Tests to Peanut are Allergic?

Dr. Elinor Simons, an allergist and epidemiologist working with CHILD, has started a study to determine if children with positive skin prick tests to peanut but no history of eating or reacting to peanut are more likely to develop a life-long peanut allergy if they avoid peanut. Select CHILD study participants who have completed their 5-year-old CHILD visit, have had a positive test to peanut at one of their visits and who are avoiding peanut without ever having reacted or who may have outgrown a known peanut allergy will be invited to have a placebo-controlled challenge to peanut at the Children's Hospital. These challenges are considered the best way of diagnosing food allergy. Children who participate will have a challenge to peanut on one day and a challenge to placebo on another day, and the peanut will be hidden in a smoothie that is administered in slowly-increasing doses while the child is carefully watched for any signs of allergic reaction. These challenges will not change a child's ability to tolerate peanut, but will determine if children who are avoiding peanut are allergic to peanut (and need to continue avoiding peanut) or clinically tolerant to peanut (and may continue to eat peanut after passing the challenge).

## Halloween Party!

Be sure to stop by this year for our annual Halloween fun and games! Don't forget your costumes!

**October 29th**  
**1:00-2:00**



From Left to Right: Georgia, Amir, Yasmine, Harper

## Follow us on:



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Minister of Children and Youth Opportunities, Hon. Melanie Wight, and Healthy Child Manitoba came in to visit The Children's Hospital Research Institute of Manitoba. Dr. Becker and Dr. Azad gave them a presentation of the CHILD Study and a tour of the lab. They got to see all the wonderful work you've done for us and they were very impressed!