



CHILD Study Vancouver - Summer 2013

Nearing Completion of One Year Clinic Visits



Hard to believe we have completed 676 One Year Clinic Visits, 117 Three Year Clinic Visits, 657 Fathers Visits and are starting our Five Year Clinic visits for the Pilot Cohort this fall!

Thank you for your outstanding commitment to this important longitudinal study!

What's the Scoop on Poop?

CHILD study's publication from the Winnipeg site confirms the importance of looking at microbiota in stool related to the immune system. This small sample size also explored differences in bacteria related to caesareans and breastfeeding. More to come...March 2013

-Canadian Medical Association Journal
http://www.canadianchildstudy.ca/documents/pdf_pubs/child_pubs_Kozyrskyj_CMAJ_2013_Mar.pdf

Did You Know?

- ~ Respiratory allergies such as allergic rhinitis affect 1 in 5 Canadians?
- ~ 80% of people with asthma also suffer from allergic rhinitis or sinusitis
- ~ Allergies can affect your quality of life at work, school, and play
- ~ Allergic rhinitis and sinusitis are associated with more severe or frequent asthma symptoms
- ~ 75% of asthma patients also have seasonal allergies
- ~ The two conditions frequently overlap, as several of the same allergens are known to trigger asthma and seasonal allergy exacerbations
- ~ Seasonal allergies tend to make asthma worse and may be a risk factor for the development of asthma
- ~ Allergies play a key role in asthma, asthma control, and management
- ~ Effective treatment of seasonal allergies can reduce asthma symptoms and may even help prevent the development of asthma

For additional reading – see links below

<http://www.asthma.ca/allergies/>

<http://www.healthlinkbc.ca/healthyating/eczema-food-allergy-babies.html>



Three Year Visits Hug Robot



Why I Signed My Toddler Up to be a Guinea Pig”

“Volunteering for studies--particularly those on maternal & infant health--gives me a chance to “pay it forward”.

Spokemama (Lisa Corriveau)

...one of our professional blogger Moms, after the 3 Year Clinic Visit, who wrote a great blog!

...check out her link to read her story!

<http://www.spokemama.com/2013/07/why-i-signed-my-toddler-up-to-be-guinea.html>

We love hearing from you!



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If you require any assistance or prefer paper copies of the questionnaires, please do not hesitate to give us a call!

CHILD MOBILITY

Where have some families moved?



Up and Coming NEWS!

CBC, "The Nature of Things" Spring '14
Stayed tuned for a CBC documentary called the "Allergy Fix". Several CHILD Study Vancouver families have generously starred in the filming of a Clinic Visit and 3 Month Home visit!

Oh Those Questionnaires!

.... Why do we ask so many personal questions about stress? The rationale is based on evidence from prior research that indicates stress may influence the expression of asthma, allergy and eczema.

For additional reading – see links below:
http://www.psy.cmu.edu/~scohen/parental_stress.pdf
<http://www.cmaj.ca/content/181/9/E181.full.pdf+html>
<http://www.ncbi.nlm.nih.gov/pubmed/15208584>

We are very grateful to our families for their diligent record keeping of their medications and health changes and for completing the online questionnaires. Your continued participation provides invaluable information for improving the future health of children.

Most remain in our study!!!



Keep in touch!

Have you changed your address?
phone number or email address?
Please update the local CHILD team:

604-875-2000 local 6390
childstudy@cfri.ubc.ca



Susan, Linda, Ghazal, Claire, Mary Ann, Robby, Stuart